

AbsoluteDNA Pty Ltd

FRAT® (Folate Receptor Autoantibody Test)

Patient Information Sheet – Sample Collection & Return Instructions

(Please read carefully before sample collection)



Before Collection Patient must not take Folinic Acid or 5-MTHF for at least 48hrs Prior to Blood Draw.

- ☐ Once your FRAT® kit arrives, open the package and **read all instructions** in the envelope labelled **“PATIENT TO KEEP.”**
 - ☐ **Do not open** the envelope labelled **“PATHOLOGY INSTRUCTIONS.”** (For collector/healthcare provider use only.)
 - ☐ Place the **provided ice gel packs in the freezer** for at least **24 hours before your scheduled blood draw.**
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Sample Collection

- The FRAT® Test requires a **blood (serum)** sample.
- **Fasting is NOT required.**
- A minimum of **5–7 mL of blood** must be drawn into **each of the two (2) supplied SST tubes (gold lid).**
- The blood draw must be performed by a **trained pathology collector** or your **nominated healthcare provider.**

Collector Checklist:

- ☐ 2 x SST (gold lid) tubes collected (5–7 mL each)
 - ☐ Tubes labelled with **patient full name and date of birth**
 - ☐ Tubes gently inverted as per standard protocol
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After Collection

- ☐ Place the **two SST tubes** back into the **sample box**, in the same position they arrived.
- ☐ Remove the **ice pack** from the freezer and place it at the **bottom of the silver thermal bag.**
- ☐ Place the **sample box directly on top of the ice pack** inside the thermal bag.
- ☐ Insert **completed forms** into the **document envelope** and **seal it.**
- ☐ Place the **sealed document envelope on top of the sample box** inside the **return satchel provided.**
- ☐ Seal the satchel securely.
- ☐ **Hand-deliver** the satchel **over the counter at an Australia Post outlet.**
- ☒ **Do not place the satchel in a street post box.**

 **Important Notes**

- Samples must be **returned on the same day** as collection to maintain integrity.
- Avoid collecting samples on **Fridays or public holidays** to prevent shipping delays.
- Ensure **all forms and sample labels** are completed accurately.
- Keep this **Patient Information Sheet** for your records.